



WHAT TO BRING TO CAMP

Primary (2 Days/1 Night)

Large backpack (25-30L) or carry-on suitcase with wheels:

Closed-toe shoes (2 pairs):

- "Dry shoes:" trainers, light hikers - kept dry
- "Wet shoes:" Closed-toe shoes with a good tread. Water shoes or old runners/trainers. No Crocs!



- Lightweight trousers (1 pair)
- T-shirts (2)
- Underwear (2 pairs)
- Shorts (2 total)
- Lightweight long-sleeve shirt (1)
- Light polar-fleece or sweatshirt (1)
- Socks (2 pairs)
- Pajamas (lightweight or shorts & T-shirt)
- Medicines – handed in to teachers
- Torch/flashlight and spare batteries
- Sleeping bag
- Soap, shampoo, conditioner, etc. (travel size best)
- Recycled plastic bag for dirty/wet clothes
- "Wet" T-shirt and shorts (to be worn in the water)
- Glasses strap (if you wear glasses)
- Toothbrush, toothpaste, floss

Optional:

- Books or magazines for tent
- Comb or brush
- Lip balm
- Camera (brought at own risk)
- Additional shower towel & washcloth
- Tissues (wet and dry)
- Small travel-size pillow
- Sleeping mat (roll mats provided for students)



Day Pack (10-15L) - 2 shoulder straps

- Sturdy 1L water bottle (minimum)
- Rain coat
- Sun screen SPF35+
- Insect repellent
- Sun hat (with name on it)
- Sunglasses
- Swim suit
- Light towel
- Copy of ID/Passport (for emergencies)



Do not bring:

- Cell phone
- Electronic devices or video games
- Unnecessary jewelry/valuables
- Pets
- Knives or sharp instruments
- Tent
- Products containing peanuts

